

Mark Mainini



**Baseball
& Softball
Instruction
& Training**

Mark Mainini's Winter Break Baseball Clinics & Private Instruction

Coach Mainini develops and prepares players for the next level. Improvement builds confidence and makes baseball more enjoyable.

CLINICS - Participants will work on all aspects of baseball; hitting, throwing, pitching and fielding, from the fundamentals to the finer points of the game.

YEAR ROUND PRIVATE INSTRUCTION -

Hitting - Pitching - Video Analysis - Fielding - Throwing

VIDEO ANALYSIS - Players benefit from "RightView Pro", a state of the art video analysis system licensed by Major League Baseball. They can study their swing in side by side synchronized swing comparisons with over 50 of the most successful hitters in the game including Alex Rodriguez, Ken Griffey Jr., Chase Utley, Ichiro Suzuki, Albert Pujols, Manny Ramirez and more. Video analysis visually defines precisely what the most efficient hitters in the world ALL do. Coach Mainini will point out what the student is doing versus what he or she needs to do. He will guide the player and provide the appropriate improvement drills.



Mark Mainini with Joe Torre & pitching coach Rube Walker - Shea Stadium workout

"When parents and coaches ask me who can really teach and train their players or teams, I recommend Mark Mainini."

~ Don Slaught



- Sixteen year Major Leaguer, hitting coach of the 2006 American League Champion Detroit Tigers and creator of "RightView Pro"

<u>CLINIC</u>	<u>DATES</u>	<u>TIME</u>	<u>COST</u>
# 1	Mon. - Wed. 12/20 - 12/22	9:00-12:00 P.M.	\$120.00
# 2	Mon & Tues 12/27 & 12/28	9:00-12:00 P.M.	\$80.00

Register for any of the five clinic dates to suit your schedule. \$40.00 per day

For information regarding clinics, private instruction, or team training, please contact Mark Mainini -
(310) 489-4222 mmainini@sbcglobal.net